Newsletter 1
2016
Channie West

Hi to all of you who are getting this Newsletter!

After all of the holidays in December, we now have a new year that hopefully will bring us a lot of exciting things. I really have high hopes for 2016 as a good year where everything starts.

The contents of the last Newsletter of 2015 is now more important then ever and together with this Newsletter, with additional new things, will make it even better. The Diamond Shape from the last Newsletter and the Handprints can now be copied and be given out to friends and others you know together with this Newsletter. It is now a very good idea to get out this information before all forms of happenings, steps and levels of The Spiritual Evolution, The Big Shift to a Higher Dimension and The New Earth.

The Diamond Shape

In the last Newsletter a Diamond Shape with small but powerful Signs was introduced. This can now be used again in new ways. For instance, you can make two copies of the Diamond Shape and cut them out in their shape, lay them on top of each other so they make a four-pointed star shape. This will spread out the energies even more in a room, an apartment or a house, it also reaches far out from the actual house.

When two Diamond Shapes are laid like this, they balance and refine frequencies in everything in the home and outside of it. It will raise the frequency and vibration in people and animals; it will also prepare and open them up for new insights, the New Light Knowledge and the True Universal Wisdom.

If you also cut out and add the square with its Signs, see below, then put it on top and in the middle of the your star of the two Diamond Shapes, that figuration will then see you, feel you and make an invincible Sign. That Sign becomes Your Sign, for you and your unique energy. The Sign will shift day-by-day depending on how you feel, etc.

By adding the square below, you become a more open channel for understanding, getting contact, hearing or seeing your guides and guardian angels, etc. Even your dreams will be more positively affected.

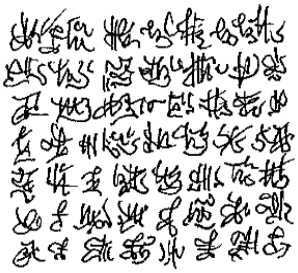
If you choose to meditate, a candle can be put on top of this layout with the star and the square. In the meditation try to reach for, ask for, or search for your Spiritual Leader. This is an entirely new and very different relation or friendship then what a Spiritual Leader was before and used to stand for. This Spiritual Leader is your friend and helper prior to the entire Shift. You might not be aware of the Spiritual Leader yet, and you might not have been assigned one yet, but during the month of March, everyone should have his or her own new Spiritual Leader as a helper for the Shift.

The search after and the establishing of a good contact with the Spiritual Leader can be done by relaxed tryouts, meditation or channeling, etc. Preferably use the two Diamond Shapes and the square with a candle on top.

If you instead want to use your personal energy to balance the entire world prior to the Shift, you use the two Diamond Shapes with the square on and then the smaller Diamond Shape in the middle of the square. Preferably put a candle on the top of it all.

Remember that outside, with no walls, energy spreads itself much better and further.

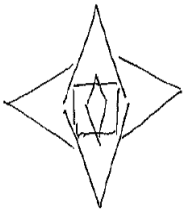
Square for The Star



The Smaller Diamond Shape



Drawing of The Star with everything on top



Finding Your Spiritual Leader

In all times people have talked about spiritual guides and spiritual leaders as if they were the same thing. Both of these can now be living persons or spiritual beings from our world or other forms of worlds, dimensions or existences. Many said that the guides were the ones that showed and suggested, while the spiritual leaders took on more the role to really lead the people. Everyone had guides, but not everyone had a spiritual leader. However it was before, it is now

different. Because all humans are different, but will still a Spiritual Leader. These Spiritual Leaders have very different origins and backgrounds, but all of them are “new” Spiritual Leaders qualified to assist us prior to the Shift. Your “regular” guides, spiritual leader, guardian angel etc., will of course not abandon you now when they really are needed the most. The Spiritual Leader has been carefully selected just for you, because of its specific knowledge and experience of many similar kinds of Shifts and also because of its knowledge of your coming reaction and experience of the coming Shift. The choice has also been made due to its specific connection with you as a human on Earth. You also of course, have a prior historic background, but not from this Earth.

You can meditate and search for a contact and connection with your Spiritual Leader and then do the meditation below.

Meditation for Contact with Your Spiritual Leader

Prepare the room or your outdoor environment prior to the meditation. Create a peaceful and relaxed surrounding, with no disturbing sounds or phones. For the best result, use the star layout with the two Diamond Shapes with the square on top. Put a bigger candle on top of them. Light the candle and close your eyes.

Search within for your inner light, you will find it at the height of your Heart Chakra. Relax and try to really see the light within. After a little while, the light becomes lit up from above, like from a bright spotlight. A white, white ray of light comes down from the Universe’s Holy Well of Light. That light meets your inner light, they meet and play together, like in a dance of light.

Continue to think of the light and ask to meet your Spiritual Leader. Relax a little bit more and then ask the Spiritual Leader to come and stand behind you. Let the Spiritual Leader put his/her hands on your shoulders.

Then ask the Spiritual Leader to touch your Heart Chakra, on the outside and physically on your back.

Ask the Spiritual Leader to blend its inner light with you and establish a link between the two of you. Most likely the Spiritual Leader will draw a Sign on your back by the Heart Chakra. After this,

the Spiritual Leader touches your Crown Chakra and then he/she walks around to your front side.

Continue having your eyes closed and touch the Sign below. Send out the Sign with two fingers in the air in front of you and to your Spiritual Leader. This will manifest your connection with each other and show that you have accepted your new Spiritual Leader.

Note! Only manifest in this way if you are totally satisfied with the feeling of your new Spiritual Leader.

If you for some reason do not like the feeling of your new Spiritual Leader and want to have another one with another feeling, then thank the one in front of you and ask to have another one.

You can also break a link that already has been established after some time, with the Sign below. Then use the thought and wish for a new or other Spiritual Leader.

Sign for the Spiritual Leader



When you continue your contacts with your Spiritual Leader, use the Starting Sign until you have established your own ways of communication. Remember that closeness and touch makes the feeling of friendship and trust grow.

Starting Sign for Continued Communication



The Handprints

Now when everyone can have the Handprints with the Signs, comes another part for the Heart Chakra, see below, then what you had in the previous Newsletter.

You can also place a Square, from above, in each of the Handprints for a more personal touch.

New Part with Signs for the Heart Chakra



New Part with Signs for the Crown Chakra



New Part with Signs for the Third Eye



Extra Sign for the Heart Chakra



The Body

Below are some Signs. All of these Signs can and should be combined with your personal star figuration of the two Diamond Shapes with the square in the middle. Put any of the Signs below in the middle and then a candle on top of it all.

Our body really needs to become a little stronger and we need a boost of energy to be able to do more at the beginning of the Shift, before we can make those amazing personal choices for our body, age etc., on the New Earth. To be able to rejuvenate, one-way to do this a

little bit is through cell rejuvenation and by raising our vibration. By that, we not only strengthen the body, but also the mind.

Prior to this kind of big step, as the Shift, we need to mentally prepare ourselves in different ways. The psychological part of ourselves will, no matter how the Shift happens and goes, not really understand everything. This is completely new and very, very big for us. That is why I have chosen to add some Signs below for Courage and to be Brave.

Sign for Rejuvenation and Cellular Rejuvenation



Sign for Courage and for Being Brave



Sign for Strengthening the Entire Body

This Sign also manifests all work done for the body and our consciousness.



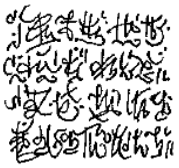
Our New Consciousness

Our New Consciousness is about a new form of spiritual awareness and consciousness, an understanding of the bigger part of everything and our own part in that. We are, and always have been, members of the Universe. It is only that we haven't realized it yet or that we are not alone in the Universe. As members of the Universe, this New Consciousness is about taking our role as members more actively, be able to feel the closeness and friendship, and be able to communicate on their level with all of the other civilizations out there. Our New Consciousness can only step in and be activated if we have good thoughts and do not want to dominate, conquer and destroy other worlds. So far humanity has had those tendencies and that's why we have not gotten or been worthy of our New Consciousness before. But me, and I think all of you; know that you are ready for this, even if all of humanity is not there yet. So, that means that we can start now and warm up our spiritual consciousness and mind.

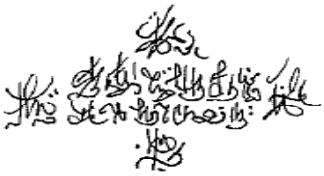
When you open up your New Consciousness, you need like a form of an initiation. In this case, it is done with a Spiritual Code of Signs and with a Spiritual Key (The Divine Key).

The Signs below makes the Spiritual Code of Signs and below you also see the Spiritual Key (The Divine Key). Both are needed for opening up your New Consciousness.

The Spiritual Code of Signs



The Spiritual Key (The Divine Key)



This is how you do it:

Sit down in peace and quiet. Lay the Spiritual Code of Signs and the Spiritual Key (The Divine Key) on a table in front of you. Light a candle, at least one, preferably three, but not two.

Try to relax and go into a peaceful state of mind. Let go of your thoughts, breath slowly and close your eyes.

Now think and feel how the Light from the Central Sun reaches your Crown Chakra and then embraces you totally. With every breath you breathe, you take in the Holy Light and its Force. It is strengthening your body and soul.

Open your eyes and look down and touch the Spiritual Code of Signs and lift up its force with your fingers or use the paper with the Sign. Put the Sign first towards your Third Eye and then towards your Heart Chakra, while still feeling the Holy Light and its Force from the Central Sun.

Sit still for a bit, then look at and touch the Spiritual Key (The Divine Key). Lift up its force with your fingers or use the paper with the Sign. Put it first towards your Crown Chakra and then towards the Third Eye, while still feeling the Holy Light and its Force from the Central Sun.

Now lay both the Spiritual Code of Signs and the Spiritual Key (The Divine Key) on top of each other, the order does not matter. Then place one of the candles on top of them. Close your eyes.

Sit in peace and quit and feel how the candle on top of the two Signs, the Spiritual Code of Signs and the Spiritual Key (The Divine Key), are giving out force, while you still feel the Holy Light and its Force from the Central Sun.

Now think:

"Cir Chi Na e Echora tiwo", "Hereby I ask to take part in my New Consciousness and become aware of it."

Relax even more until you feel a soft pressure on top of your Crown Chakra. It can also be felt as a tingling sensation in your head.

Think:

"I accept my role in the Universe and hereby manifest my membership in the All."

Sit still and feel that you now are one with the Universe and the All. End in a worthy way.

This can be repeated more than once.

Hugs Channie